

Facilities in the Rec

- The refurbished model traffic area is a great place for children to ride around on their bikes down hills and round corners.
- The BMX dirt track is a real favourite and runs up and down through the trees in a large circular circuit. Suitable for BMXers of all ages and abilities.
- The free style area is shared between BMXers and skaters.



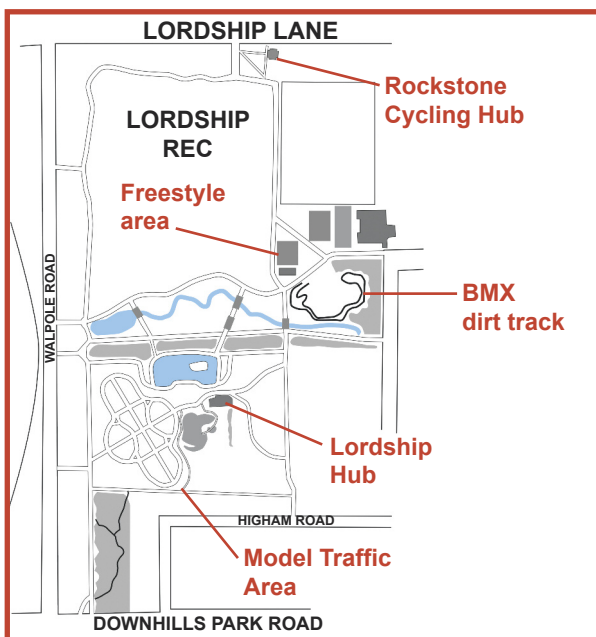
Cycling together

Lordship Rec is a place where people can . . .

- enjoy bikes and cycling
- meet each other and learn new things
- belong and be part of something
- work together collaboratively as individuals and organisations to support each other.

Our common aim is to promote the Rec as a key venue, seek further improvements, and help people enjoy anything to do with bikes and cycling

For more information about cycling in Lordship Rec contact one of the organisations listed overleaf



Lordship Rec

OUR BIKE PARK

⊕ Cycling is fun and accessible for all ages, good for general health and fitness and it is environmentally friendly, reducing car usage

⊕ Cycling can be done for pleasure or for getting to and from work, shops or school

⊕ The park is a safe place to learn how to cycle and to gain the confidence that you are ready to go out on the road. It is also a great place just to have fun and practice your skills.





Cycling Memories

One of the fondest memories people have of Lordship Rec is the 'Model Traffic Area' where many happy hours were spent during school holidays. This was a nationally unique facility for the children of Tottenham, opened in 1938 by the Minister of Transport - go to youtube - "tottenham model traffic area".

You could hire a bicycle or model car to ride around a mini-road system. There were also various pieces of play equipment sited within the landscaped areas of the road system, so that children were forced to cross the roads and learn road safety.

The roads included miniature traffic lights, pedestrian crossings, roundabouts and even a police call box.

Most of the original street furniture is gone now but the road layout, crossings and a few street signs still exist and the whole area was refurbished in 2012.



Cycling Organisations in Lordship Rec

Rockstone Cycling Hub by Lordship Lane main gate - bike shop and repair:
020 8808 0203 / info@rockstonebikealley.org
<https://engb.facebook.com/pages/category/Public---Government-Service/The-Rockstone-Cycling-Hub-222850111400460/>
Rockstone also run **Brakethru Cycling Club**, special cycle sessions for adults with a disability. rockstonebrakethru@gmail.co.uk

Your Bike Project: youth-led cycling initiative on Saturdays, outside Croydon Block on Broadwater Farm.
www.yourbikeproject.uk
yourbikeprojectuk@gmail.com

Tottenham BMX Club: A BMX club for riders 7 years +. Beginners welcome.
<https://www.facebook.com/tottenhambmx-club/>



Wheely Tots Family Cycling Sessions: weekly sessions and bike loans.
Book in for online and offline sessions at:
www.wheelytots.com

Skate Park: informal, supportive space to watch and have a go at skating
skate_tingz@outlook.com



Women & Girls:
All organisations have specific provision for women & girls. For more info contact Lily.Labonte@haringey.gov.uk

Cycle Confident: a Council run bike organisation running cycle skills sessions in the Rec: **020 3031 6730**
contact@cycleconfident.co.uk

Friends of Lordship Rec: be part of the wider community organisation, promoting, protecting and improving Lordship Rec.
friends@lordshiprec.org.uk
www.lordshiprec.org.uk

If you'd like to join our next meeting or wish to help or want to know more, please get in touch via any of the organisations listed here.